



# MONTOUR SENIOR CENTER

605 W. Mahoning St.  
570 275 1466



**EVERY DAY WE OFFER:** Coffee, Tea, Milk, Pastries, Hot/Cold Lunch, Transit, PLUS Programs, in person and Virtual, 52" Screen, Health Checks, Shuffleboard, Light Exercises, Bingo, Game Shows, Music, and [MEET NEW FOLKS!](#)

<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THUR</u>	<u>FRI</u>
<p><b>July</b>  <b>Gem is: Ruby</b>  <b>Flower: Water Lily</b>  <b>Cancer-The Crab,</b>  <b>sensitive</b>  <b>Leo- The Lion, restless</b></p>	<p>"America is another name for opportunity."— Ralph Waldo Emerson</p> 	<p><b>JULY AWARENESSES</b>  <b>Bladder Cancer</b>  <b>UV Safety</b>  <b>Eye Injury Prevention</b></p>		<p><u>1</u>  <b>Closed</b></p>
<p><b>HAPPY 4th of JULY</b>   <b>Holiday</b></p>	<p><u>5</u> 9am Sort &amp; Enjoy Baked Goods from Giant  <b>10:30 Board Meeting</b>  <b>12:30 Air Hockey</b></p>	<p><u>6</u>  <b>Closed</b></p>	<p><u>7</u>  <b>9am Bake Cookies</b>  <b>Close at 12:30</b></p>	<p><u>8</u>  <b>Closed</b></p>
<p><u>11</u>  <b>Closed</b></p>	<p><u>12</u> 9am Sort &amp; Enjoy Baked Goods from Giant  <b>11:00 Music w/ Mike</b>  <b>12:30 Group Puzzles</b></p>	<p><u>13</u>  <b>Closed</b></p>	<p><u>14</u>  <b>10:00 Air Hockey</b>  <b>12:30 Afternoon Walk</b></p>	<p><u>15</u>  <b>Closed</b></p>
<p><u>18</u>  <b>Closed</b></p>	<p><u>19</u> 9am Sort &amp; Enjoy Baked Goods from Giant  <b>10:30 UNO Card Game</b>  <b>11:30 Lunch out as a Group</b></p>	<p><u>20</u>  <b>Closed</b></p>	<p><u>21</u>  <b>10am Shuffleboard</b>  <b>12:00 Pastor Bill</b>  <b>Close at 12:30</b></p>	<p><u>22</u>  <b>Closed</b></p>
<p><u>25</u>  <b>Closed</b></p>	<p><u>26</u> 9am Sort &amp; Enjoy Baked Goods from Giant  <b>11:00 Music w/ Mike</b>  <b>12:30 Skip-Bo</b></p>	<p><u>27</u>  <b>Closed</b></p>	<p><u>28</u>  <b>9am Bake Cookies</b>  <b>12:30 Afternoon Walk</b></p>	<p><u>29</u>  <b>Closed</b></p>