

July 4
HOLIDAY
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July 5
Sliced Ham and Swiss
on Rye Bread
with Spicy Mustard
Three Bean Salad
Cinnamon Apples

July 6
Crispy Chicken Salad
with Lettuce, Sliced Carrots,
Bacon, Cheddar Cheese
and Blue Cheese Dressing
Watermelon
Oatmeal Cookie

July 7
Waldorf Chicken Salad
with Croissant
Italian Tomato Salad
Fresh Apple

July 8
Seafood Salad
with Dinner Roll
Fresh Spinach
with Sweet Dressing
Italian Tomato Salad
Fresh Orange

July 11
Ham Salad
with Croissant
Three Bean Salad
Fresh Cantaloupe
Fresh Apple

July 12
Chef Salad with Ranch
and Ham, Turkey, Cheese
Pimento
with Crackers
Fresh Watermelon

July 13
Sliced Ham, Turkey, Swiss
on Whole Grain Bread
Mandarin Oranges
Tomato and Cucumber Salad
Baked Custard

July 14
Greek Salad with Feta Dressing
Chicken Salad
with Whole Grain Bread
Fresh Orange

July 15
Chicken Bacon Ranch
with Lettuce Leaf
on Whole Grain Bread
Creamy Cole Slaw
Fresh Apple

July 18
Sliced Ham and Swiss
on Rye Bread
with Spicy Mustard
Mandarin Oranges
Italian Tomato Salad
Chocolate Chip Cookie

July 19
Chicken Salad
with Wrap
Pepper Slaw
Fresh Apple

July 20
Italian Hoagie
with Ham, Salami, and Provolone
Hoagie Roll
Pepper Slaw
Fresh Cantaloupe

July 21
Chicken Fajita
with Wrap
Corn and Black Bean Salad
Fresh Watermelon
Chocolate Chip Cookie

July 22
Honey Mustard Wrap
with Crispy Chicken
and Lettuce and Tomato
Fresh Apple
Broccoli Salad

July 25
Sliced Ham, Turkey, Swiss
with Lettuce and Sliced Tomato
on Whole Grain Bread
Cinnamon Apples
Broccoli Salad

July 26
BarBeQue Chicken Salad
with Black Beans, Cheese, Corn,
Tortilla Chips, and Ranch Dressing
Corn and Black Bean Salad
Fresh Watermelon

July 27
Sliced Ham and Swiss
on Rye Bread
with Spicy Mustard
Mandarin Oranges
Three Bean Salad

July 28
Bacon, Lettuce, Tomato
on Wheat Bread
Italian Tomato Salad
Creamy Cole Slaw
Fresh Apple

July 29
Chef Salad with Ranch
and Ham, Turkey, Cheese
Tomato and Cucumber Salad
Fresh Cantaloupe
Dinner Roll