

CATAWISSA SENIOR CENTER

319 PINE STREET, CATAWISSA, PA
 570-356-2219 HRS: 9am-2pm M-F
 EMAIL CCENTER@CMAAA15.ORG



July 2022

Mon	Tue	Wed	Thu	Fri
 <p>WELCOME Fun for Seniors</p> <p>ANYONE AGE 60+ MASKS OPTIONAL</p>		<p>SMILE </p> <p>RELATIONSHIPS ARE LIKE ALGEBRA- EVER LOOK AT YOUR X AND ASK Y? COLORS RED, WHITE & BLUE= FREEDOM UNTIL THEY FLASH BEHIND YOU. A WINNER IS A DREAMER WHO NEVER GAVE UP !</p>		<p>1  FLAG TRIVIA</p> <p>9 VEGGIES+DIP 10 XBOX BOWLING 11 JULY 4TH TRIVIA FACTS & GAMES 12 NOON ICE CREAM SUNDAES </p>
<p>4—Closed</p> 	<p>5**</p> <p>9 CHIPS + DIP 10:15 BIBLE STUDY CLAIRE WATKINS SING HYMN SONGS LIZ ON PIANO 11 PASS THE FIRE-CRACKER GAME</p>	<p>6</p> <p>9 COFFEE & ICED TEA SOCIAL TALKS 10:30 NUTRITION TALK with SCARLET STOUT 12:30 PLAY PENNY BINGO GAME</p>	<p>7*</p> <p>9 PB CRACKERS BRAIN GAMES & PUZZLE FUN 10:30 XBOX BOWLING TOP SCORES 12:30 PENNY BINGO</p>	<p>8</p> <p>9 ICED TEA DAY 9:30 SIGHT+SOUND LIVE 2 HR MOVIE "QUEEN EASTER" OPEN TO ALL SENIORS AGE 60+ </p>
<p>11</p> <p>9 FRUIT JUICE PB CRACKERS 10 BRAIN GAMES FOR SENIORS 11 SENIOR CHAIR EXERCISE </p>	<p>12</p> <p>9 DRINK + SNACKS 10:15 BIBLE STUDY HYMN MUSIC CLAIRE WATKINS 11 TALK ABOUT... FAVORITE SUMMER RELAXING SPOT</p>	<p>13-BIRTHDAYS</p> <p>9 COFFEE/ COOKIES MUSIC & CHATS 10:30 LYME DISEASE SONDR A (DOH) 12 BIRTHDAY CAKE for MEMBERS </p>	<p>14</p> <p>9 SLUSHIE DRINK MAKE FAIR CRAFTS 10:30 NICOYA FROM FREY'S VISITING (PROS AND CONS) 12:30 PLAY BINGO</p>	<p>15</p> <p>9 FRUIT + DRINKS SOCIAL CHATS 10 MEMBERS TO BRIAR CREEK—USE FARMER MARKET CHECKS + OUT TO LUNCH @ 11:30am</p>
<p>18</p> <p>9 TOAST + TEA 10 SENIOR TABLET TRAINING 11 SENIOR CHAIR YOGA –Smart TV 12:30 XBOX BOWLING PUZZLES+GAMES</p>	<p>19</p> <p>9 PB CELERY STIX 10:15 BIBLE STUDY CLAIRE WATKINS 11:15 TREASURY REPORT 12:30 SENIORS GO TO BTE SHOW</p>	<p>20</p> <p>9 LEMONADE+SNACKS SOCIAL HOUR/CHATS 10:30 BLANK SLATE GAME COVERED DISH LUNCH TODAY </p>	<p>21*</p> <p>9 DRINKS + SNACKS 10 XBOX BOWLING MAKE FAIR ITEMS 11 RIDDLES AND FUN QUIZZES for SENIORS 12:30 PLAY BINGO</p>	<p>22</p> <p>9 FRUIT + DIP OLDIES MUSIC 10:30 XBOX BOWLING GAMES 2:00 HEALTH BENEFITS OF WATERMELON </p>
<p>25</p> <p>9 COFFEE+COOKIES 10 SENIOR TABLET TRAINING 11 SENIOR CHAIR YOGA –Smart TV</p> <p>^^BRING A SENIOR FRIEND TODAY</p>	<p>26</p> <p>9 PB+J TOAST 10:15 BIBLE STUDY CLAIRE WATKINS 12:30 XBOX BOWLING GAMES </p>	<p>27—PANERA</p> <p>9 COFFEE & SCONES BORED GAMES 10:30 PLAY BLANK SLATE GAME 12:30 XBOX BOWLING PUZZLES + GAMES</p>	<p>28</p> <p>9 DRINKS + COOKIES SOCIAL TIME 10 ENERGY SAVINGS LARI THOMAS-CSO 12:30 PENNY BINGO WIN PRIZES</p>	<p>29</p> <p>9 ICE POPS MIND GAMES 10 MOVIE TIME ON PEACOCK POPCORN & SNACKS </p>



Don't Eat Alone

ENJOY A MEAL DAILY WITH OTHER SENIORS

MEALS NEED ORDERED BY 10AM DAILY—> LUNCH SERVED AT 11:30 am ~ MENU ON BACK —>