NOVEMBER 2026



Bloomsburg Senior Center, Open 9:00-2:00 M-T-W-TH

229 West 6th St Bloomsburg 570-784-8615

Lunch at 11:30, please order the day before by 10am

MON	TU	WED	THURS	FRI
2 SNACKS 9:30–10:30 EXERCISE WITH ANDREA GAME OF CHOICE	3 ELECTION DAY YOUR VOTE COUNTS 10:00 & 10:30 YOGA CLASS WITH HEATHER	4 SNACKS 10:00-11:00 EXERCISE WITH PAM FALL TRIVIA	5 SNACKS 10:00 KIMMIE FROM BROOKDALE 12:00-1:00 TAI-CHI CLASS-WITH PAM	CLOSED
9 SNACKS 10:00 CRAFT CLASS WITH DARLENE PUZZLES	10 SNACKS BLOOD PRESSURE 10:00 & 10:30 YOGA 10:00 ENCOMPASS WITH BRITTANY	11 CLOSED VETERANS DAY 	12 SNACKS 12:00-1:00 TAI-CHI CLASS WITH PAM CHAIR OR STANDING 10:30 BINGO	CLOSED
16 TABLE TALK BAKING & DECORATING PUMPKIN COOKIES RUMMIKUB	17 10:00-11:00 YOGA CLASS WITH HEATHER 12:00 SPECIAL MUSIC	18 SNACKS 10:00-11:00 EXERCISE WITH PAM GAMES AND PUZZLES	19 12:00-1:00 TAI-CHI CLASS WITH PAM GAME OF CHOICE SPEAKER TBA	CLOSED
23 SNACKS MAKING A CHRISTMAS ORNAMENT	24 10:00-11:00 YOGA CLASS WITH HEATHER 11:00 CENTER MEETING NOVEMBER BIRTHDAYS 	25 10:00-11:00 EXERCISE WITH PAM PUZZLES WHAT ARE YOU THANKFUL FOR?	26 CLOSED FOR THANKSGIVING	CLOSED
30 SNACKS 9:30-10:30 EXERCISE WITH PAM RUMMIKUB		November Birthstone: Topaz Flower: Chrysanthemum Color: Red and Blue		CLOSED