

July 2026



Bloomsburg Senior Center, Open 9:00-2:00 M-T-W-TH

229 WEST 6th St. Bloomsburg 570-784-8615

Lunch at 11:30, please order the day before by 10am

Mon	Tue	Wed	Thu	Fri
	CELEBRATING 250 YEARS AMERICA	1 TABLE TALK 10:00 - 11:00 EXERCISE CLASS WITH PAM	2 HOSTING 250 YEARS USA CELEBRATION - BERWICK, BENTON, DANVILLE & BLOOMSBURG	CLOSED
6 9:30 – 10:30 EXERCISE CLASS WITH ANDREA	7 TABLE TALK 10:00 - 11:00 YOGA WITH HEATHER	8 9:00 TODAYS NEWS PANERA BREAD DAY 10:00 - 11:00 EXERCISE	9 10:00 BINGO 12:00 - 1:00 TAI-CHI WITH PAM CHAIR OR SETTING	CLOSED
13 9:00 TABLE TALK 10:00 CRAFT CLASS WITH DEE CARDS OF CHOICE	14 TEA/SNACKS 10:00 - 11:00 YOGA WITH HEATHER BINGO	15 9:00 TABLE TALK 10:00 - 11:00 EXERCISE WITH PAM DOMINOS AFTER LUNCH	16 TABLE TALK 10:30 BRITTANY FROM ENCOMPASS 12:00 - 1:00 TAI-CHI WITH PAM	CLOSED
20 9:00 TODAYS NEWS SHUFFLE BOARD PUZZLES 	21 10:00 - 11:00 YOGA WITH HEATHER 12:00 GAME WITH KATHY FROM MEDICARE	22 CHAT TIME 10:00 - 11:00 EXERCISE WITH PAM MOVIE	23 9:00 NEWS OF THE DAY 10:00 ROSS, CELL PHONE 12:00 - 1:00 TAI-CHI WITH PAM	CLOSED
27 SOCIAL HOUR 9:30 - 10:30 EXERCISE CLASS WITH ANDREA CARD GAME	28 9:00 TABLE TALK 10:00 –11:00 YOGA WITH HEATHER NUMBERED DOMINOS	29 10:00 - 11:00 EXERCISE WITH PAM  JULY BIRTHDAYS BOARD MEETIIING	30 9:00 TABLE TALK 10:00 BINGO 12:00 - 1:00 TAI-CHI WITH PAM	CLOSED