

Bloomsburg Senior Center, Open 9:00-2:00 daily 229 WEST 6TH ST Bloomsburg 570-784-8615 Lunch at 11:30, please order the day before by



Mon	Tue	Wed	Thu	Fri
1 9:00 COFFEE HR 9:30 EXERCISE WITH ANDERA YOUR CHOICE OF GAMES	2 9:00 COFFEE TIME 10:00 & 10:30 YOGA CLASS CARDS YOUR CHOICE TABLE TALK	3 9:00 COFFEE HR 10:00 CARDS DOMINOS 11:00 COLLIN / EXERCISE	4 9:00 SNACKS 10:00 FAMILY CARE SPEAKING ON BULLING GAMES AFTER LUNCH	5 9:00 TEA /COFFEE TABLE TALK CARDS YOUR CHOICE R-L-C- DICE GAME
8 9:00 SNACKS 10:00 SCARLETT SPEAKING ON FOOD SAFETY /HOW TO STORE IT/HOW LONG	9 9:00 COFFEE HR 10:00 BP SCREENING 10:00 & 10:30 YOGA CLASS WITH HEATHER	10 9: 00 SNACKS PANERA BREAD DAY 11:00 COLLIN / EXERCISE	11 CENTER CLOSED MANAGERS ARE AT A TRAINING	12 9:00 COFFEE /COOKIES 10:00 PEDDLE AROUND EUROPE VIDEO PEDDLE EXERCISE
15 9:00 COFFEE TIME 10:00 CRAFT TIME WITH MARIE MAKING FLOWER POTS CARDS AFTER LUNCH	16 9:00 SNACKS 10:00 & 10:30 YOGA CLASS 11:00 CARDS YOUR CHOICE DOMINOES	17 9:00 TEA & COFFEE10:00 DOMINOES11:00 COLLIN / EXERCISEAFTER LUNCH CARDS	18 9:00 COFFEE & CHAT 10:00 COMPASS SPEAKING ON BACK PAIN HOW TO RELIEVE IT	19 9 :00 SNACKS 10:00 SURPRISE BINGO ALL PRIZES WILL BE WRAPPED 50/50 GAME
22 9:00 SNACKS 10:00 SPEAKER HEALTHY RELATION- SHIPS BINGO WITH PRIZES	23 9:00 COFFEE 10:00 & 10:30 YOGA CLASS PUZZLES DOMINEOS CARDS	24 9:00 SNACKS XBOX BOWLING BOARD MEETING ALL APRIL BIRTHDAYS	25 9:00 COFFEE HR DOMINOES # GAME UNO CARD GAME SHUFFLEBOARD GAME	26 9:00 COFFEE TIME TRAVEL VIDEO MAY FLOWERS WORD GAME
29 9: 00 COFFEE TIME 10:00 SHUFFLE BOARD GAME PUZZLES	30 9:00 SNACKS 10:00 & 10:30 YOGA CLASS DOMONOES PUZZLES CARDS	MAY 1 9:00 COFFEE TIME 11:00 EXERCISE WITH COLLIN (TEA) WORD GAME AFTER LUNCH	MAY 2 9:00 SNACKS UNO CARD GAME DOMINOES X BOX BOWLING	MAY 3 9:00 TEA & COOKIES TABLE TALK RLC DICE GAME MOTHER SONGS NAME THAT SONG GAME